Natural Heeling Reflexology

CONFIDENTIAL HEALTH RECORD

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Best number to reach you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Birthdate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_

(MONTH) (DAY)

Please describe any current health problems you may have: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Goals or expectations: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have you ever had surgery? \_\_\_\_\_\_\_\_\_\_ For what? When? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have you ever had an accident or serious illness?\_\_\_\_\_\_ If yes, what was it? When did you have it? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are you a diabetic?\_\_\_\_\_\_Do you have hypoglycemia? \_\_\_\_\_\_ Do you have headaches? \_\_\_\_\_\_\_\_\_ Do you sleep well?\_\_\_\_\_\_\_\_\_\_\_\_ Do you have a heart condition? \_\_\_\_\_\_\_\_\_\_\_\_ If so, what is it? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How is your blood pressure? NORMAL / HIGH / LOW

Do you have allergies or sinus conditions?\_\_\_\_\_\_\_ if so, what? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Do you have any skin conditions? (i.e eczema, psoriasis, fungus, warts) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Do you have any joint problems? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Earaches/ringing ears? \_\_\_\_\_\_\_\_\_\_\_  Respiratory issues? (asthma, chronic cough, bronchitis) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Digestive issues? (IBS/Colitis, bloating/gas, poor digestion) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Have you ever suffered from epilepsy or a concussion? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dizziness?\_\_\_\_\_\_\_\_\_  Do you suffer from anxiety or depression? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    Are there any areas which you would like me to pay special attention to? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |

Is there anything else about your health you would like to disclose? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cancellation / No Show Fee**

Your appointment time has been reserved for you. In courtesy of your practitioner, I ask that you provide me with 24 hours notice of cancellation, or a cancellation fee will be charged. If you do not show up for your scheduled appointment you will be expected to pay the full fee for the missed appointment time.

I hereby attest to the truth contained in the above and voluntarily agree to one or more Reflexology/IHM/Lymph Release Technique treatments. I fully understand that the aforementioned modalities are not meant to substitute as treatment for any medical condition; and I render Helga Feichtinger harmless with respect to any effects or experiences as a result of any current and future treatments.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ dated on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Procedures & Protocols

Pre-screening:

All clients must honestly complete the COVID-19 self-assessment before each appointment. If clients have travelled outside of BC they must wait a minimum of 14 days before scheduling an appointment. If clients have been in contact with someone who tested positive for COVID-19 they cannot be treated until 14 days after the last interaction with the infected individual. Treatment will be delivered at the client’s own risk. Please understand that I’ve taken measures to minimize viral transmission, but a risk is always a concern with current circumstances.

Physical distancing:

Clients are asked to arrive 5 minutes before the start of their appointment, alone and with only essential belongings. Clients are requested to please leave all non-essential items in their car or other safe space, to reduce possible surface transmission of COVID-19

All clients must wait until I’ve opened the door to ensure that the patient before has left and I’m able to sanitize prior to you entering. It’s important to keep a 6ft distance - however treatment itself can not accommodate this distance, please distance yourself during all other interaction.

Hygiene protocol:

Clients must wash their hands and/or use hand sanitizer upon arrive to their appointment as well as before leaving their appointment. (Sanitizer will be provided once you arrive) - Masks will not be mandatory - although they can be used upon your request. (Please bring your own if you feel comfortable wearing one). Masks may be required in certain circumstances (Example: if you’re experiencing known seasonal allergies) - As a Practitioner, I will be washing my hands before/after any contact, before/after cleaning, and any other time deemed necessary. Gloves will be worn by myself for some treatments.

Payment:

Cash/cheques will be accepted, as will e-transfers.